



RTFV-35SQN Newsletter

06 April 2010

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Hi All,

I hope everyone is healthy and fit. Part of staying fit is regular check-ups by your doctor. I just recently had a colonoscopy. They recommend every three years for this procedure. The procedure itself is no problem but the night before you must drink 3 litres of a mixture that empties your bowels. I had one polyp removed but otherwise all is good.

Prostate Information is provided on the last page of the newsletter...

Reunion 2012

The Caribou returned to Australia from Vietnam in February 40 years ago. We are planning a reunion around that date but there is an Apprentice Reunion so we will hold the Reunion in April, around Anzac Day. I have applied for us to be as far as possible to the front of the parade as protocol allows.

We have been given \$5000 from Vets Affairs towards our Reunion. I will check with the Brisbane City Council and State Government to see which grant, if any, we can receive.

Quotes from Quest Apartments are included in this newsletter. It's around \$50 per night per person. They are 2/3 bedroom apartments

with the capability of 4 single persons per room again \$50 per night. They are located in Mary Street, Brisbane, Spring Hill, and Kangaroo Point which are all pretty handy to the City.

We can plan many events i.e. visits to Oakey and Amberley Museums, golf, Ettamogah Pub, North Coast, theme parks. I have approached Kedron Wavell Services Club for a formal dinner on the Friday 27 April 2012. There is no "room hire cost" and a two course meal is about \$25.00. We should receive \$10.00 per head from a grant to offset the cost of the meal.

I know 2012 is a couple of years away but we need to make a booking now. It is not just for our Association members but everyone - friends, family - so please make the effort to attend. With getting older etc it is harder to attend functions. I hope to see you all there. With the merchandise we are selling a lot of that money will go to the Reunion.

John Mac informed me 2012 is seventy years since 35Sqn was formed, ten years since it was disbanded and forty years since we left Vietnam. I hope everyone gets on board and makes this reunion a success, non-members as well, but for the love of Mike I can't see why they don't join our Association.

Reunion accommodation

From an email sent by the Oaks Hotel & Resorts

Dear John,

I believe you have been speaking to Sally with regard to RTFV 35 Squadron Reunion on 25th April 2012.

We can offer the below rates for this event at Oaks Festival Towers, Oaks 212 Margaret and Oaks Charlotte Towers.

One bedroom apartment - \$149 per night

Two bedroom apartment - \$219 per night

Rates may be re-confirmed 12 months prior

The rates proposed are valid two days prior and two days after the event, subject to availability.

When the guests are ready to book they will need to call our Central Reservations (7am - 6pm, Mon - Fri) and quote 'RTFV 35 Squadron Reunion' to obtain the special rate.

As we are not holding any rooms, the rooms are subject to availability at the time of the booking.

Oaks Festival Towers -

1300 664 427

festival@theoaksgroup.com.au



Oaks 212 Margaret – 1300 558 270
212margaret@theoaksgroup.com.au

Oaks Charlotte Towers –

1300 668 870
charlotte@theoaksgroup.com.au

When the guests make a booking, the following details are required to secure a booking: postal address, telephone contact number, and a holding credit card.

Guest secure parking is available at \$20 per night at all properties, and it needs to be booked in advance due to limited availability.

We can offer FOC upgrade to our One bedroom executive apartment for yourself as the event organiser, if you would like to stay at one of the above properties.

Please do not hesitate to contact me, should you have any queries.

Kind regards

**Asako Yamada-Royal
Reservations Agent
Oaks Hotels & Resorts**

Vale

Vale BARRY INGATE

BARRY PASSED AWAY 3 MARCH 2010

Our deepest sympathy goes to Barry's family.

I never met Barry but I have spoken to him a number of times plus contacting him by email.

Barry's last email to me was just before Christmas last year...

Sambo – Thanks for keeping me up to date through the year mate and I look forward to reading your info in the future. I'm afraid I won't be travelling any more as the problem that prevented me getting to T'ville has grounded me so there won't be any more trips East. Anyway, I hope you and your family have a great Xmas and New Year and take care of each other. Very best regards - Bazz

Thanks

I would like to thank Stu Bonett. He was kind enough to send me some Honour Rolls 990 x 700 mm. I have sent one to the Australian War Memorial. I will give one to the Vietnam Vets Museum at Phillip Island as well as Point Cook Museum. (They have 2 now).

Stu sent an Honour Roll with A4 140 and A4 152.) I will also present one plaque to Point Cook and I will also present a plaque to other Museums so that we can leave our footprint in every State. I will contact members in various States to find the best Museums to present the plaque and Honour Rolls.

It was a disappointment to find out after the event that there was a ceremony when A4 140 and A4 152 were presented to Canberra and Point Cook. If anyone has any photos of these ceremonies would they please forward these to me so I can put them on the website.

Caribou Door Signing

Those of us who attended the Amberley Aviation Museum when A4 236 was inducted to the Museum have already signed the door. It will be at the Port Office Hotel on Anzac Day so members can sign the door. A few members have sent me \$15.00 that was the price I was quoted to

scan the signature on to a plate and then attached to the door.

I may get a grant from Vets Affairs to cover the cost of this. I will hold their money in abeyance so please don't send any more money. The door will also be at the Reunion in 2012. I will try to get a complete list of those who have passed so that their name can be included on the plate.

Colour Parade

38 Squadron is selling DVD sets of the Colour Parade for \$15.00 – please contact CPL Kristian Whitehead 38 Sqn RAAF Base, Townsville 4810, or email KristianWhitehouse@defence.gov.au.

Anzac Day

Port Office Hotel opens at 11:00 a.m. Beer, spirits, wine – prices are \$2.50 local pots, \$4.00 local schooners, \$5.00 local stubbies, \$5.00 glass house red or white and sparkling wine, \$6.00 basic spirits, \$15.00 entry fee which includes hot and cold canapé platters.

Merchandise

Bumper Stickers \$3.50 each or 3 for \$10 includes postage.

Pen Holders \$4 - Postage for the pen holder is \$4.35 – that is the dearest component of the purchase.

Pens \$3.

I can post as many pens as you like, pen holder, bumper sticks for \$4.35 postage.

I have more plaques at \$100 each, including postage, stubby holders are \$6 - not including postage. Caps \$20 not including postage, Bisley Shirts "End of an Era/Wallaby Airlines" \$50 including postage.

Check our products page on the website.



Remember, when you purchase this merchandise, all proceeds go to our 2012 reunion.

History

February 1972: Caribous leave Vietnam

Monday 25 April 1915: Anzac landing at Gallipoli

Wednesday 25 May 1896: South Australian women exercise their right to vote

Saturday 25 June 1950: Communist controlled North Korea invades South Korea

Monday 25 July 1924 : Government introduces compulsory voting in Federal Elections

Thursday 25 August 1793: Reverend Richard Johnson completes first church in Colony

Sunday 25 Sept 1981 : Federal Government begins deregulation of Builders Labourers Federation

Tuesday 25 Oct 1794 : Scottish martyrs (political prisoners) arrive in Sydney

Friday 25 Nov 1789 : Aborigine Bennelong captured to provide information on local areas and traditions

Sunday 25 Dec 1946: Yours truly born

Sunday 25 Dec 1974: Darwin devastated by Cyclone Tracey

1972

Billy McMahon is Prime Minister until his defeat to Gough Whitlam in December

Richard Nixon is the President of the USA

The Watergate scandal begins

11 Israeli athletes are killed by an Arab terrorist group at the Munich Olympics

Manly-Warringah win their first NSW Rugby League premiership; Carlton wins the VFL premiership and Piping Lane wins the Melbourne Cup

Helen Reddy records "I am Woman"

Apollo 17 completes the last manned moon mission

AND

RTFV-35Sqn leaves Vietnam

To celebrate, a 40 year "Wallaby Airlines" reunion is planned for 2012 and we need your input. Proposals include a formal dinner and visits to military museums and theme parks, but to make the most of the opportunity to catch up with old mates, we are looking for any suggestions from you. Please send your ideas to John McDougall or John Sambrooks.

To commemorate this special occasion, we also intend to hold the signing of the Caribou door that we have acquired.

70 years ago in 1942 35Sqn was formed in Pearce WA.

In 2002 35Sqn disbanded.

Cheers

Sambo

Your Prostate.

Dr Phil Ted.

The Prostate is an organ which forms part of the male reproductive system. It is located immediately below the bladder and just in front of the bowel. Its main function is to produce fluid which protects and enriches sperm. In younger men the prostate is about the size of a walnut. It is doughnut shaped as it surrounds the beginning of the urethra, the tube that conveys urine from the bladder to the penis. The nerves that control erections surround the prostate.

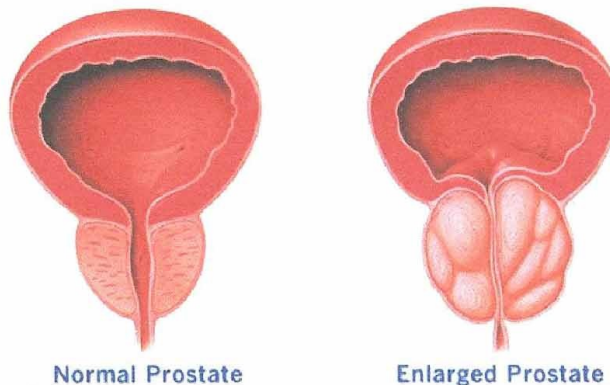
There are four main disorders of the prostate, Prostatitis, Benign Prostatic Hyperplasia (BPH), Prostatodynia and Prostate cancer. The first 3 are not life threatening, but the fourth one is a doosey.... All can have similar symptoms, which may include one or more of the following:

- Waking frequently at night to urinate
- Sudden or urgent need to urinate
- Difficulty in starting to urinate
- Slow flow of urine and difficulty in stopping
- Discomfort when urinating
- Painful ejaculation
- Blood in the urine or semen
- Decrease in libido (sex urge)
- Reduced ability to get an erection

Some enlargement of the prostate is usual in most men from age 50 onwards. If the enlargement is sufficient to squeeze the urethra, which passes through the prostate, difficulties with urination may occur.

Being tough, brave and strong, most men tend to accept the onset of one or more of these symptoms as being a natural consequence of ageing. However, anyone experiencing any of the above symptoms is advised to consult a doctor without delay.

One of the most worrying aspects is that many prostate cancers develop without men experiencing ANY SYMPTOMS. Early expert diagnosis and treatment is important and may avert potentially serious health consequences.



Every year, around 18,700 Australian men are diagnosed and more than 3,000 die of the disease, making prostate cancer the second largest cause of male