**How are your feet?**

*Can you reach them? Can you see them? Do they hurt?*

Did you know if you have a Gold Card through Veterans Affairs you can be referred by your GP to a Podiatrist?

Depending on your needs, a Podiatrist can provide:

* General nail and callus/ corn removal.
* Ingrown toenail surgery
* Vascular and Neurological testing
* Diabetic assessment
* Falls risk assessment and recommendations
* Biomechanical assessment
* Orthotics or insoles
* Footwear assessment
* Referral for Medical Grade Footwear including; Sandals, Walking Shoes, Dress shoes or Golf shoes.
* Referral for Shoe repair
* Paraffin wax baths
* Foot Mobilization Therapy
* Dry needling
* Pain assessment for Feet/ Knees / Hips/ Lower back
* Custom made Orth mechanical devices

 If clinically necessary, all of the above treatments can be accessed and billed to DVA. Talk to your GP for a **D904** referral to a DVA Registered Podiatrist if you have foot or lower limb concerns.

Written by Pam Denman of

Advance Foot Clinic

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